



Healthier Together Oregon



Our 2020-2024 State Health Improvement Plan is called *Healthier Together Oregon*.

We want to live in a state where we can all have long, healthy lives. The social issues that affect health are the places we live, work, learn and play. They are the main reasons people are healthy, or not. These include things like:

Purpose of Healthier Together Oregon

- Health equity is the why, where, how and with whom we do our work, HTO is the what we do.
- HTO is an alignment tool – a roadmap to desilo, collaborate and take collective action – for advancement of OHA’s 2030 goal.
- HTO is a communication tool about the upstream social and structural determinants of health
- Plan for equitable recovery and resilience building from COVID-19
- Community, via the PartnerSHIP, is in the drivers seat

Strategies prioritized by the PartnerSHIP

- Increase affordable housing that is co-located with active transportation options.
- Increase access to affordable, healthy and culturally appropriate foods for people of color and low-income communities.
- Build a resilient food system that provides access to healthy, affordable and culturally appropriate food for all communities.
- Reduce systemic barriers to receiving behavioral health services, such as transportation, language and assessment.
- Provide culturally and linguistically responsive, trauma informed, multi-tiered behavioral health services and supports to all children and families.
- Improve integration between behavioral health and other types of care.
- Increase affordable access to high-speed internet in rural Oregon

Resources for implementing HTO

Main HTO site - Healthiertogetheroregon.org

Plan overview, data, implementation plan, communication tool, CHIP resources

OHA site - Healthoregon.org/ship

PartnerSHIP meetings, HTO in action information

State Health Assessment & Indicators

Healthoregon.org/sha

Resources for learning about HTO

HTO in Action events – bimonthly events to learn more about strategies and activities of the plan

<https://www.oregon.gov/oha/PH/ABOUT/Pages/HTO-in-action.aspx>

HTO listserve – monthly updates on implementation

https://public.govdelivery.com/accounts/ORDHS/subscriber/new?topic_id=ORDHS_411

HTO on YouTube – PartnerSHIP meetings, HTO in action events, and partner spotlights

<https://www.youtube.com/playlist?list=PLd4xfJU3qzMUQGjMovHyhxTxlb6rtGGAy>

Additional communication tools in development!

Resources for your CHIP

OHA's Transformation Center

- Community Advisory Council Learning Collaborative on SDOH
- CHA/CHIP Development Support (March – April 2023)
Topics covered: Resourcing, governance, timelines/cycles, community engagement, tribal engagement and sustainability and dissemination

<https://www.oregon.gov/oha/HPA/dsi-tc/Pages/chachp-technical-assistance.aspx>

Contact thomas.cogswell@dhsoha.state.or.us for information



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